

MES COLLEGE MARAMPALLY
REPORT ON EQUAL OPPURTUNITY CELL
ACTIVITIES CONDUCTED DURING 2020-2021

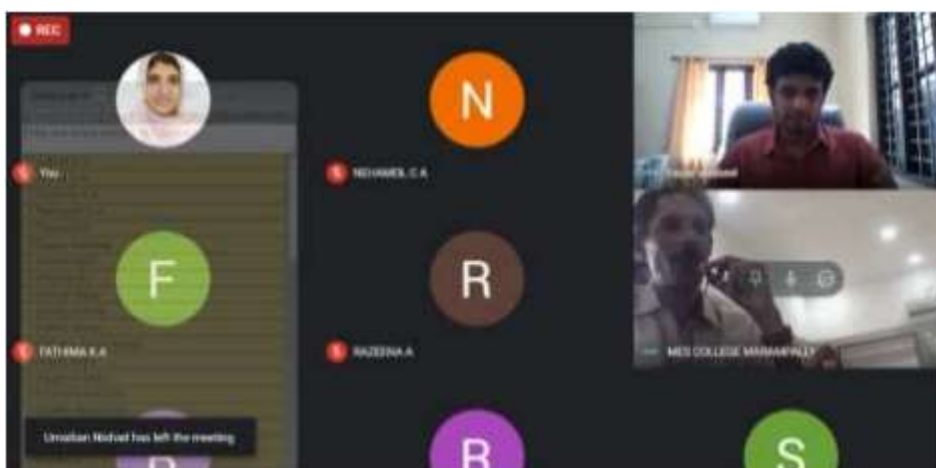
1.Name of Event (Webinar): Journey towards a successful entrepreneurship

Date of Event: 28-10-2020

Platform: Google meet

Resource person: Mr. Razal Nazar , Director of Ababeel group

The webinar organized by Equal opportunity Cell in association with Minority cell. The webinar took place on wednesday 28-10-2020 at 10.30 AM on Google meet. Almost a hundred attended the webinar and it began with a prayer song sung by Kavya P M second year student of BCA. After that Mrs. Shereena V.B, coordinator of minority cell gave everyone a welcome speech and later Dr. Ajims P. Muhammed, Principal of MES college Marampally done his presidential address. Later, Dr. Abul Hassan, secretary of college managing committee conveyed a few words about the webinar. Next was none other than our honourable resource person, Mr. Razal Nazar, Director of Ababeel group, the company which specializes in retail sector of construction materials mainly tiles, granites, construction chemicals and provide the customer with service processes and procedures as much as possible. He is the one who had conducted a business plan and strategy, developed business model and participated in all facets of the business development.



He achieved his life's goal through his immense hardwork and dedication. Not only his hardwork but also his powerful mindset towards the problems and the courageous way he had solved all of those. Now he had become a successful entrepreneur by being the director of Ababeel group at this tender age. It was really a great privilege to all of us to have his presence in this webinar. He was also a student advisor who have been providing various counselling programs to other students. So this webinar was another platform for him to depict his journey towards a successful entrepreneurship. So he started sharing his point of views as an

entrepreneur and tried to influence each one of us. He conveyed a lot of things and shared the hardships he had faced during his business journey. He talked about the basic things that one has to acquire in order to being an entrepreneur. He added, An entrepreneur must invest his valuable time in those key activities that will lead him to his success. Also, he tried to make everyone understood about how to make relationship with money and to build up a nexus. The entire session was really encouraging and motivating. He also conveyed the pros and cons of today's educational system and how he achieved his goal. After his most valuable words, An interactive session had conducted. Students were offered a chance for asking their questions and other concerns about entrepreneurship. Students asked their questions and Mr. Razal Nazar was very much eager to answer all of those. He rectified everyone's doubts and after his session Mrs. Ramla Beevi, Joint coordinator of equal opportunity centre gave her vote of thanks. The entire goal of this webinar was to encourage those upcoming college graduates by enlightening them about the various ways that they can achieve their life's success. Entrepreneurship was one of the best way that can be suggested.

2. Name of Event: **PREMARITAL COUNSELLING 2021**

Date of Event: 8, 9, 10, 11 February 2021



The Equal opportunity Cell of MES College, Marampally along with the Minority Cell and Department of Minority Welfare, Government of Kerala organized a 4-day Pre Marital Counselling Course from 8th February to 11th February 2021. The program was formally inaugurated by Dr. A.B Moideenkutty (Director, Directorate of Minority Welfare, Govt of Kerala) via online Google Meet. Dr. Ajims P Mohammed, Principal of MES College Marampally, presided over the inaugural session. The session was also blessed by the online presence of Dr. K K Sulekha, Principal, Coaching Centre for Minority Youth, Aluva. The welcome address was given by Ms. Shereena V.B (Coordinator of Minority Cell, MES College Marampally) and the Vote of Thanks was delivered by Ms. Rejeena K A (Coordinator of Equal Opportunity Cell, MES College Marampally). Also, the resource persons Advocate Kunjumon

and Sifa Thangal gave felicitations in the inauguration and the students were divided into two batches. The whole program was conducted in 4 days with 2 sessions each day. Timings of the session were

Session 1: 9:00 am-12:00 pm Session II: 12:30pm-3:30 pm

Online Inauguration by Dr. A.B Moideenkutty

Batch -I Day 1: 8th February 2021.

Resource person of the Session I was Ms Sifa Thangal who explained the importance of the marriage for oneself as well as the society. Students were divided into groups and active group discussions were made related to family, marital life-its issues and challenges etc. The session was very interactive and active discussions were made by the students on the subject.

Resource person of the Session II was Advocate Kunjumon who talked on the various aspects related to marriage - social commitment, family commitment etc. and their legal aspects. The session was very informative; The students could clearly follow the various legal and social aspects of marriage.

Day 2: 9th February 2021. The Resource person of Session I, Mr. Anoop V Thomas explained about 'Sexual Health' and its importance in marital life. He explained about the difference between sex, sexuality and 5 gender. He also explained about health, hygiene and sexual hygiene. The session was very informative and valuable for the students.

Session II The Resource person of Session II, Ms Akhilu Thomas explained Healthy Family Relation. The session dealt with various misconceptions that that young generation have of familial relations gathered from various medias like TV serials, cinemas etc. She also discussed some of the major reasons that have lead to divorce and how to solve these problems in the family itself. She also pointed out how solvable problems kept hidden and unattended may lead to unsolvable huge ones and explained on what precautions have to be taken to prevent it. The session was very informative and valuable to the students as it dealt with practical problems of marital life.



Day 3: 10th February 2021.

The Resource person of Session I, Advocate Abdul Hakk, explained the legal and social aspects of marriage as an institution. It was an informative session. He explained the legal side of accepting and giving dowry, marriage age- its importance and implications and the pros and cons of the new legal developments in this area. He also gave insight about the things to be considered right from the time when a proposal comes to the time of divorce, various protections offered for women suffering in their marriage etc.

The Resource person of Session II, Saheera Thangal, explained the different practical aspects and situations in the family setup and how to manage conflicts in the family environment and emphasized on the family responsibilities- its importance, prioritization in the time of decision making in families, group decision making etc... with the help of role plays and examples. She stressed on the fact that at least 6 months should be given to two people to understand each other on the importance of raising marriageable age, its social and legal implications etc.



Day 4: 11th February 2021

The Resource person of Session I, Dr. Raseena Padmam, explained the benefits of group counseling, which is a kind of counselling where people who suffer from same types of problems are brought together and given an opportunity to let out what's inside their mind and reach a solution. The students were made to enact role plays of practical situations like alcoholism and its impact on family and society. She demonstrated the effectiveness of two types of group counselling- group discussion model and psycho drama model, in collectively solving a problem.

The Resource person of Session II, Dr. Ambika Devi, discussed the topic of family budgeting and its importance. The whole of the student body present was divided into groups and told to prepare an imaginary family's monthly budget to induce an understanding on how money is spent in a family and how it can be done carefully in a planned manner.

Ms.Rejeena.K.A

Coordinator –Equal opportunity Cell